



# DOLPHIN BAY

BOUTIQUE SPA



Discover a new level of luxury



# SPA EXPERIENCE

From the moment you step inside, you'll be transported to a world of tranquility and calm. Whether you're looking for a deep tissue massage or a rejuvenating facial, our talented therapists will exceed your expectations. Unwind and rejuvenate at our tranquil spa, featuring a variety of soothing treatments and a serene atmosphere, perfect for relaxation. Discover a new level of luxury at our spa.

Guests seeking the ultimate relaxation can unwind in our exclusive spa, where our trained professionals offer a range of indulgent treatments. Our spa has been designed to help you disconnect from the outside world and reconnect with your inner self. Allow us to soothe your body, mind and soul with our world-class facilities, including a sauna, steam room and hot tub.

We are open open 08:00-17:00 Monday-Sunday. Treatments after 17:00 can be arranged with prior booking.

Contact Us on +27 (041) 476 0707





# SPA MENU

## Massages

BACK, NECK & SHOULDER MASSAGE	30min	R 350.00
DEEPTISSUE BACK, NECK&SHOULDER MASSAGE Want to get rid of all your knots and nodules? Then this is the perfect massage for your back.	30min	R 400.00
BACK, NECK & SHOULDER MASSAGE & SCALP OR BACK OF LEGS Have tired feet ? Enjoy a foot soak followed by a pressure point foot massage.	45min	R450.00
PRESSURE POINT FOOT MASSAGE Have tired feet ? Enjoy a foot soak followed by a pressure point foot massage .	30min	R 300.00
SWEDISH FULL BODY MASSAGE A customized body massage designed to relax, detox, or revitalize mind body and soul .	60min	R 650.00
SWEDISH FULL BODY & SCALP MASSAGE Enjoy a relaxing full body massage , including a deep relaxing scalp massage .	90min	R 850.00
DEEP TISSUE FULL BODY MASSAGE Enjoy an invigorating massage with therapists using deep pressure movements to release tense knots and nodules.	60min	R 750.00
DEEP TISSUE FULL BODY & SCALP MASSAGE Have a deep pressure massage , getting rid of all those knots with and pressure point scalp massage .	90min	R 900.00
HOT STONE FULL BODY MASSAGE This re - energising stone therapy massage creates a cleansing , harmonizing and relaxing effect on the body.	60min	R 700.00
HOT STONE FULL BODY & SCALP MASSAGE 90min ..... .R950 This re - energising stone therapy massage creates a cleansing , harmonizing and relaxing effect on the body, including a scalp massage .	90min	R 950.00

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#### AROMATHERAPY FULL BODY MASSAGE

A Relaxing , Medium Pressured Massage , incorporating essential oils , to relax , rejuvenate or detox the body.

60min

R750.00

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#### AROMATHERAPY FULL BODY & SCALP MASSAGE

A Relaxing , Medium Pressured Massage , incorporating essential oils , to relax rejuvenate or detox the body, including a scalp massage .

90min

R 950.00

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#### SOY CANDLE FULL BODY MASSAGE

A Relaxing , Medium Pressured Massage , incorporating Melted Soy Candle Oil , rich in essential oils to relax and rejuvenate the body.

60min

R 750.00

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#### SOY CANDLE FULL BODY & SCALP MASSAGE

A Relaxing , Medium Pressured Massage , incorporating Melted Soy Candle Oil , rich in essential oils to relax and rejuvenate the body, including a relaxing scalp massage .

90min

R900.00

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#### CRANIAL HEALING

Enjoy a relaxing back, neck and shoulder massage followed by a scalp and facial massage that will relieve muscle tension and break down knots and stiff muscles.

60min

R 700.00

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#### PREGNANCY MASSAGE

A relaxing massage experience tailored to relieve typical pregnancy discomforts such and poor circulation. This treatment is not available for Moms within their first trimester .

60min

R 800.00



You will be transported to a world of tranquility and calm

# Optiphi Facials

These Indulgent facials targets dullness and uneven skin tone. A truly unique skincare treatment , you'll leave with radiant skin.

All Facials include a hand or scalp massage.  
(excludes express facial)

EXPRESS FACIAL	30m	R 350.00
CLASSIC CLARITY FACIAL	60m	R 600.00
CLASSIC HYDRATE AND REPAIR FACIAL	75m	R 750.00
CLASSIC RADIANCE BOOST FACIAL	75m	R 750.00
CLASSIC FIRMING PEPTIDE FACIAL	75m	R 750.00
30% GA SKIN REJUVENATION PEEL	90m	R 900.00
RETINOL PEEL	90m	R 1100.00
30/30 SKIN REJUVENATION PEEL	90m	R950.00



# Foot & Hand Care

PLEASE ENQUIRE AT THE SPA FOR VARIOUS ACRYLIC TREATMENTS AND PRICES AVAILABLE

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## CALLUX PEDICURE

The ultimate foot treatment for hard skin build- up. Foot Soak , AHA scrub exfoliation , massage and mediheel peel for new and relaxed feet . Cuticle work , nails filed and Gel Overlay add on by Morgan Taylor

60min	R550.00
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## DELUXE SPA PEDICURE

Includes a soak , scrub, heel work , cuticle work , foot massage , Morgan Taylor paint.

60min	R450.00
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## DELUXE SPA MANICURE

Includes a soak scrub work full hand massage , Morgan Taylor paint

60min	R400.00
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## EXPRESS PEDICURE

Includes a soak, scrub, cuticle work, lotion application and Morgan Taylor paint.

30min	R300.00
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## EXPRESS MANICURE

Includes a soak, scrub, cuticle work, lotion application and Morgan Taylor paint.

30min	R250.00
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## GEL PEDICURE

Includes soak , scrub, heel work , cuticle work , Gel application , foot massage .

75min	R500.00
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## GEL MANICURE

Includes soak , scrub, cuticle work, Gel application, hand massage

60min	R450.00
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## GEL MANICURE AND GEL PEDICURE DUO

120min	R850.00
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## Acrylic Nails Soak Off

45min	R150.00
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## Gel Overlay

45min	R240.00
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## Gell Overlay Add On (instead of Morga Taylor nail application )

20min	R100.00
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## Nail Paint

20min	R180.00
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## Gel Nails Soak Off

20min	R80.00
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## Gel with Tip

75min	R320.00
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## Add On - Basis Art ( per finger/toe )

15min	R20.00
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## Add On - Finger Design

15min	R30.00
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## Add On - Paraffin Dip on Hands or Feet

20min	R120.00
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## Male

Male (add on gel for R70)

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## Buff & Shine

30min	R120.00
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## Male Spa Deluxe Manicure

45min	R200.00
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## Male Spa Deluxe Pedicure

45min	R300.00
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## Kiddie's

Kiddie's (12years and under)

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## Butterfly Manicure

30min	R150.00
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## Tutty Fruity Pedicure

30min	R180.00
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## Back, neck and shoulder massage

20min	R200.00
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## Full body massage

40min	R350.00
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# Waxing

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Brow/Lip/Chin	20min	R100.00
Full Face	30min	R250.00
Ears and Nose	30min	R100.00
Underarm	30min	R160.00
Men's Chest	30min	R300.00
Full Arm	30min	R250.00
Half Arm	30min	R180.00
Half Leg	30min	R280.00
3/4 Leg	30min	R300.00
Full Leg	45min	R350.00
Bikini	30min	R200.00
Brazilian	45min	R260.00
Hollywood	45min	R300.00
Stomach line	20min	R120.00

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# Tinting

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Brow Tint	R80.00
Lash Tint	R100.00
Lash & Brow Tint	R150.00
Henna Brows Tint	R100.00

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# Packages

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## PERFECT MATCH

Spoil yourself with a Swedish Full body massage , followed by the Express Facial and finishing off with nail shape and paint on hands or toes . (add on Gel Overlay for R100 )

120min

R1050.00

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## BODY REVIVAL

Enjoy a Full body exfoliation , getting rid of dead skin cells. This is followed by a Swedish Full Body. Massage to increase blood circulation and relieve muscle tension . Included is also a Classic Facial.

120min

R 1400.00

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## JUST A TASTE

Start off with a Back, neck & shoulder massage followed with an Express facial which will leave your skin refresh and energized , continued with a choice of an express manicure or an express pedicure (Add on Gel Overlay R100 )

90min

R900.00

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# Body Treatments

## Thalgo Body Treatments

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### RITUAL ILES PACIFIQUE- RELAXING RITUAL

Enjoy a journey of relaxation which includes an intoxicating body full body scrub and a full body massage

90min

R1100.00

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### JOYAUX ATLANTIQUE - ENERGISING RITUAL

Enjoy a journey to the beaches of the Atlantic Coast with this treatments full body scrub and full body massage

90min

R 850.00

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### MER DES INDES - HARMONISING RITUAL

Enjoy a journey through the Far East inspired by ayurvedic traditions with this treatments full body scrub and 60-minute full body massage

90min

R 750.00

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### FULL BODY SCRUB

Stimulate your skin during a Full Body Exfoliation, Slough off dead skin cells to reveal Radiant Skin. Followed by Body Lotion Application

30min

R 350.00

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### LILIAN TERRY BODY POLISH AND CELLULITE AND SLIMMING BODY WRAP

Stimulate your skin during a Full Body Exfoliation , getting rid of dead skin cell, followed by a Cellulite and Slimming Body Wrap to revealing radiant and smooth skin. Followed by Body Lotion Application

60min

R 650.00

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### LILIAN TERRY BODY POLISH AND DETOXIFYING BODY WRAP

Stimulate your skin during a Full Body Exfoliation , getting rid of dead skin cell , followed by a Detoxifying Body Wrap to revealing radiant and smooth skin. Followed by Body Lotion Application

60min

R650.00

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BOUTIQUE HOTEL & SPA

[www.dolphinbayhotel.co.za](http://www.dolphinbayhotel.co.za)

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